

25th April 2019

Dear Parents/Carers,

This school year we have been implementing the PSHE (Personal, Social and Health Education) Programme across our school called Jigsaw, the mindful approach to PSHE.

The lessons since September, have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. We are sure you will have heard about the Jigsaw Friends and Calm Me time.

The Summer Term Puzzles (units) are about Relationships (unit 1) and Changing Me (unit 2).

The Changing Me Puzzle includes, in every year group, 2 or 3 lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work and obviously the younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The Years 5 and 6 lessons look more fully at puberty and reproduction.

As the materials are new, we warmly invite you to attend a session at school in which we will give you a transparent and comprehensive picture of what we are planning to teach in which year groups.

Date: **Monday 29th April** Time: **1.30pm-3.00pm**

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

However, we do as always want to work in partnership with parents and carers, and also wish to remind you of your right to withdraw your children from this aspect of the PSHE curriculum. We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, and will look forward to sharing them with you and answering any questions you may have.

Kind regards



Miss Kerry Mills
Principal

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