

4<sup>th</sup> March 2019

Dear Parents/Carers

We will be delivering a programme called 'Protective Behaviours' to all classes from this week.

Protective Behaviours is a framework consisting of **2 Themes**

It starts with a positive statement about **feeling safe**, which is 'We all have the right to feel safe all the time.'

With that right comes a responsibility not to do anything that would leave other people feeling unsafe and we can identify if we are feeling unsafe by tuning into our **early warning signs**, those things that happen in our body like butterflies in the stomach, wobbly knees etc. that let us know we don't feel OK in this particular situation. And if we get those 'Early Warning Signs', Protective Behaviours encourages us to **think** clearly about what our options are and work out what **action** we might need to take. We will then talk with the children about the action they take (their behaviour) is a choice that has an effect.

That action might include asking someone for help, which is where the second theme of Protective Behaviours comes in

'We can talk with someone about anything, even if it feels awful or small.'

By awful, we can mean things that are not pleasant, but we can also mean 'full of awe', so that children also share exciting news if they want to.

The programme will include work on

- being able to name a range of feelings,
- identifying the early warning signs our bodies experience,
- naming body parts (including private parts of our bodies) using correct body part names, i.e. vagina, penis and anus
- discussion about secrets and when it is not safe to keep a secret and when a secret may actually refer to something being a surprise, e.g. birthday party
- who we can talk to (a network of help) – this could include friends, staff and family

Information will be available at parents evenings tonight and tomorrow so please come and talk to us with any queries or comments you may have.

Best regards

Mrs Liz Abel  
Vice Principal

**Reminders**

It has also been reported that there are a number of cars that are obstructing pavements or parking across dropped kerbs on Cromwell Road and Hayden Road, please could we politely remind everyone to park safely and considerately when dropping off and collecting your child/children from school.

Please could we also remind you of our smoking policy, smoking is not permitted anywhere within the school grounds and out of courtesy, we would ask you not to smoke around the school gates/entrances due to the number of children and adults using them. Once you have brought/collected your child/children please could we ask that you do not congregate around the school gates/entrances as this can cause obstructions to the footpaths.

Kind regards

Miss Kerry Mills